

Week 2

B is for Balloon



Indoor Craft: Puzzle

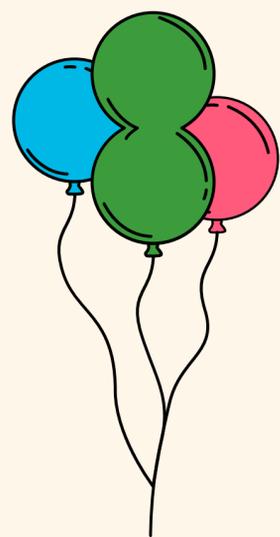
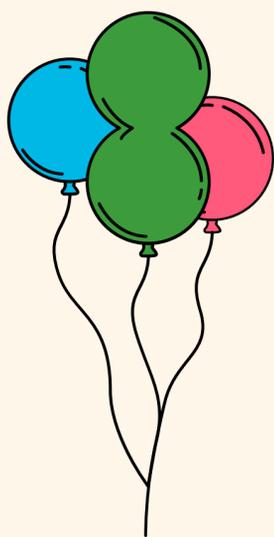
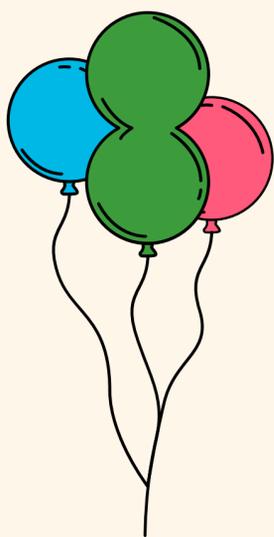
Complete the hot air balloon puzzle!

Indoor Activity: Writing/Drawing Notes

Choose and print out a note templates and write a message to your neighbours or friends to attach to the balloons.

Outdoor Activity: Balloon Walk

Go for a walk outside around your neighbourhood. Attach the balloons and notes to your friend's/neighbour's door or houses to say hello :)



For Parents

This week's activity is focused on balloons! You will need: balloons, a printer (to print notes from the journal, or you can make your own!), pencil/markers, string)

The indoor craft is making a puzzle of a hot air balloon. Print out the template and cut along the black puzzle template lines. Scramble the pieces and put it back together as a puzzle.

The indoor activity is writing notes or drawing a picture for friends or neighbours. Check in with friends or introduce yourself to someone new! This works on fine motor skills as well as staying connected to the community in these confusing times.

The outdoor activity is a neighbourhood walk/run. Tie the balloons and messages to neighbour's fence posts or trees with the messages attached to them to say hello!

I have done my weekly...

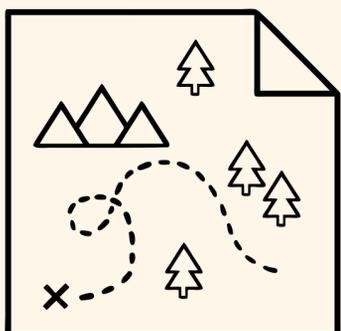
Indoor Craft



Indoor Activity



Outdoor Activity



Puzzle

Cut me out!



Balloon Messages

Choose from the note cards on the next pages and print out as many as you want. Write or draw messages to people in your community. They could be notes to friends or to people that you don't know yet - introduce yourself!

Then, write or draw a picture below about who you wrote messages to.

Who did you choose to give a message to? What note did you choose to print out?

A large white rectangular area intended for the user to draw or write about the recipient of their message.

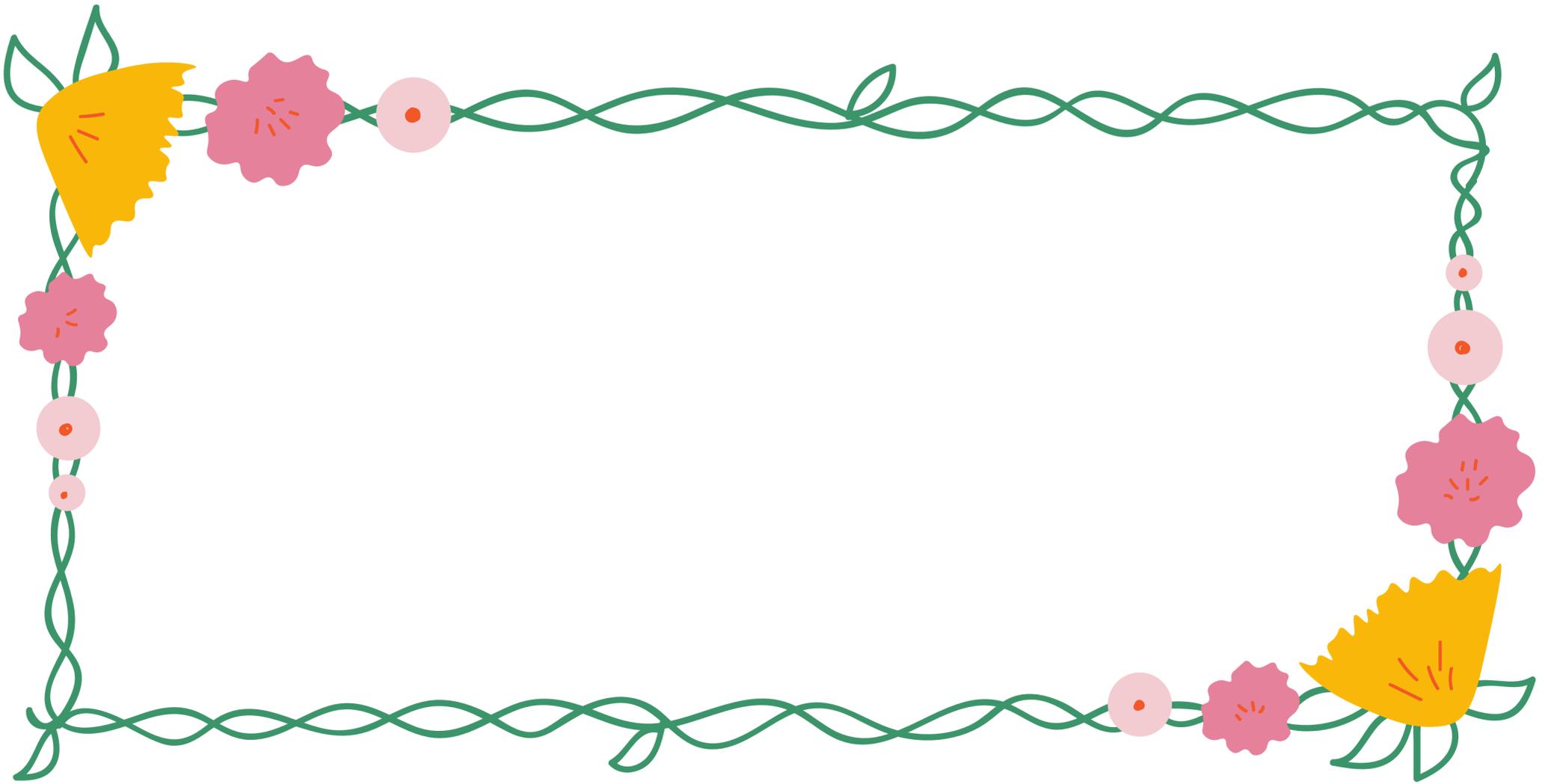
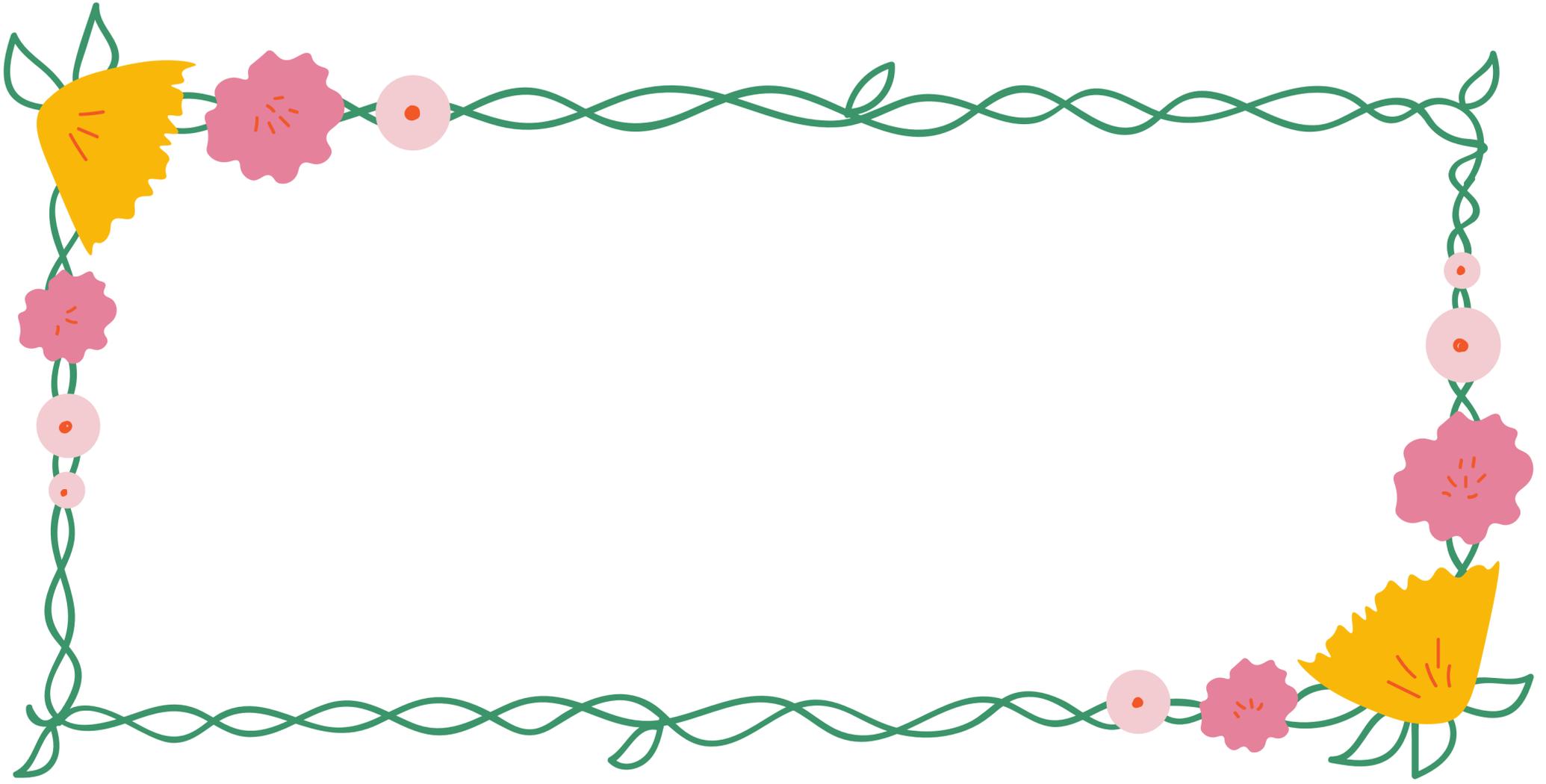


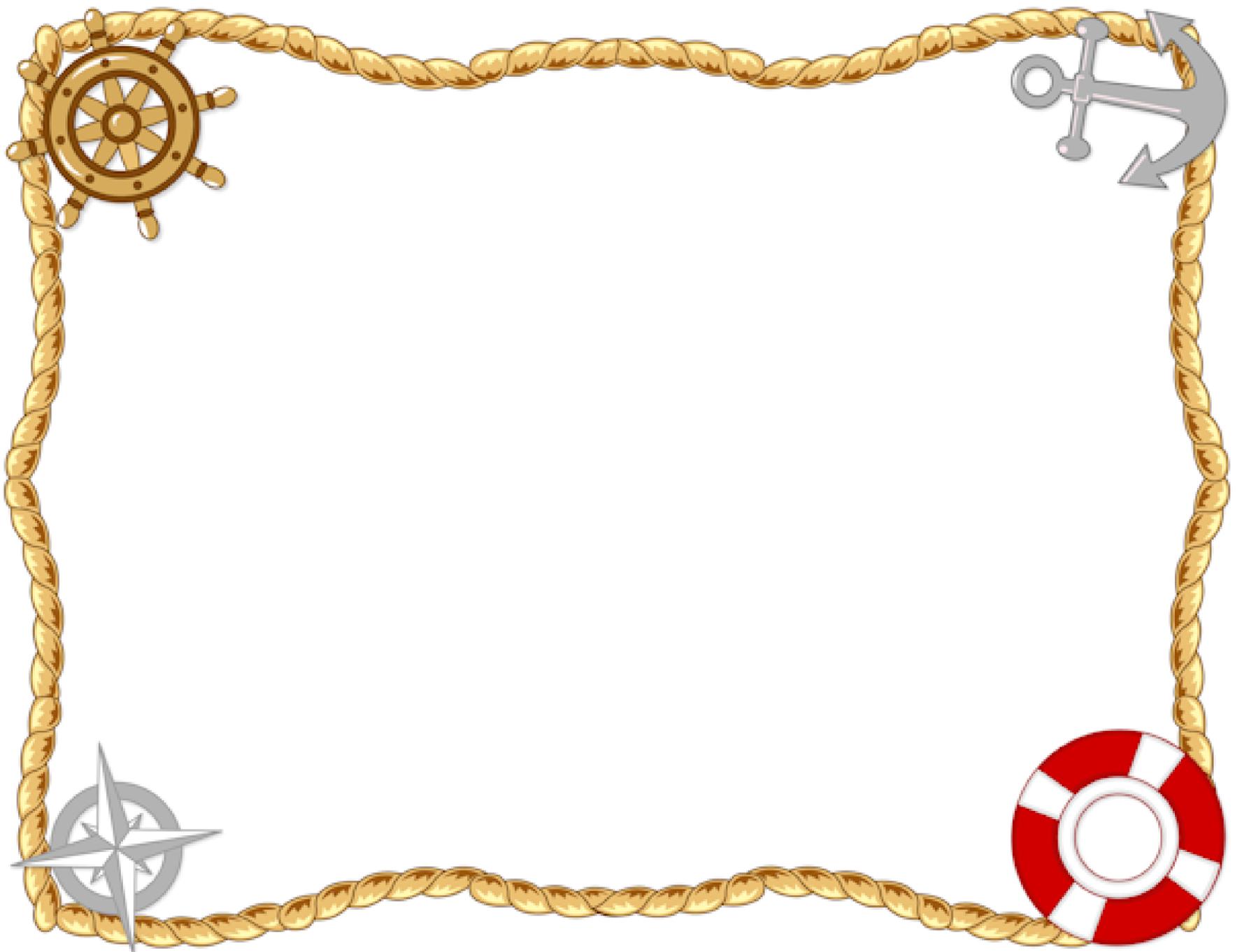
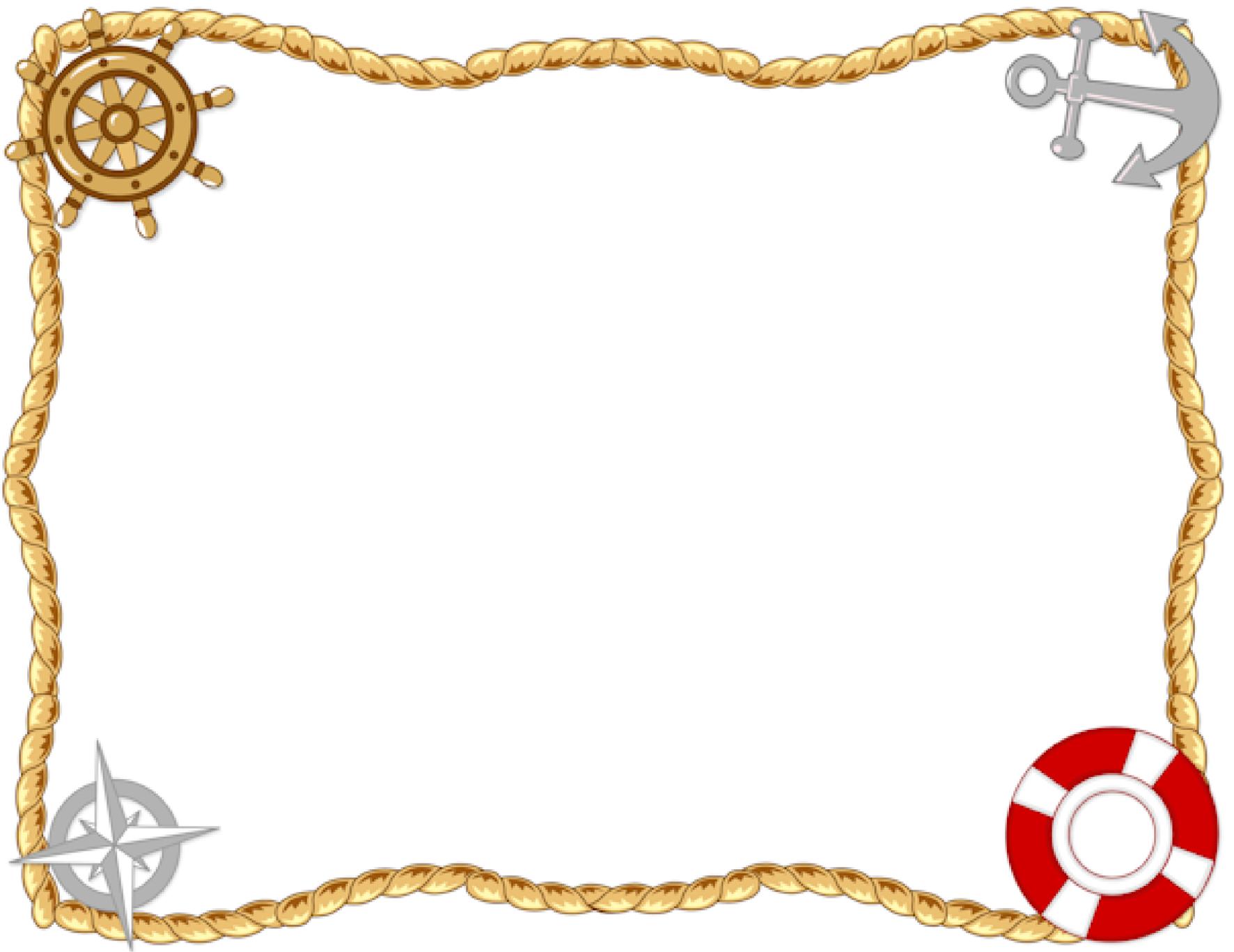
adventure
running

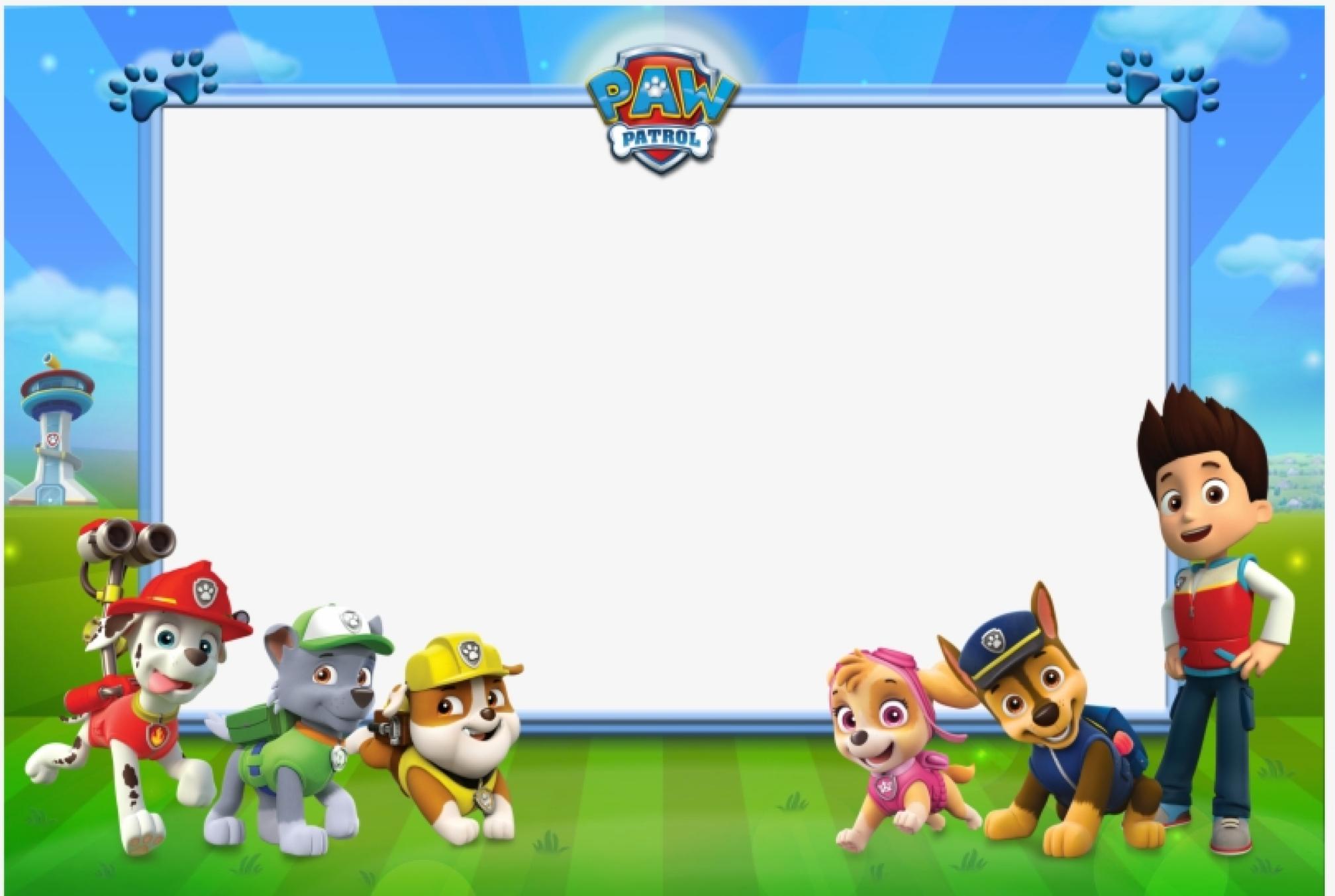


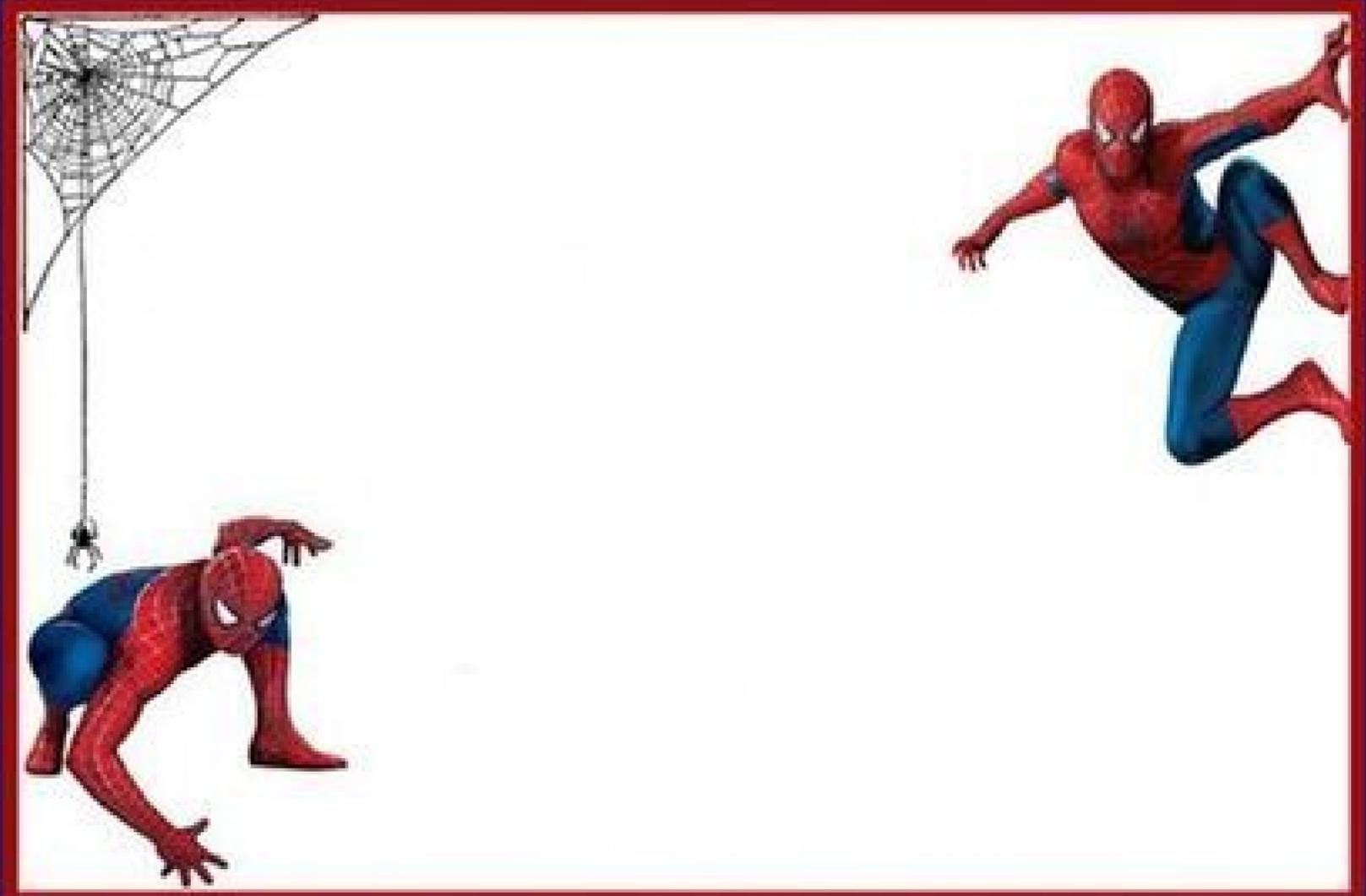
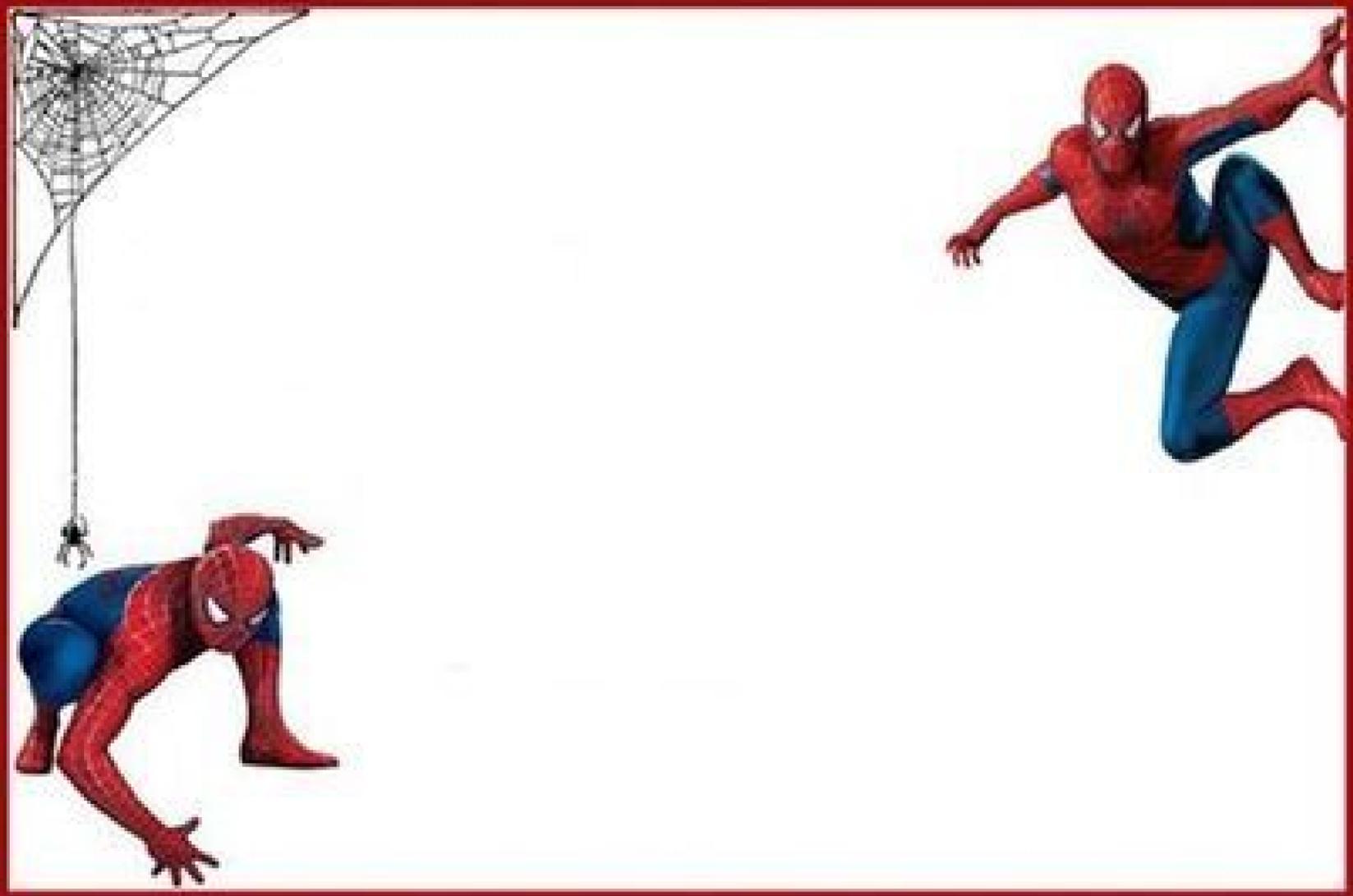
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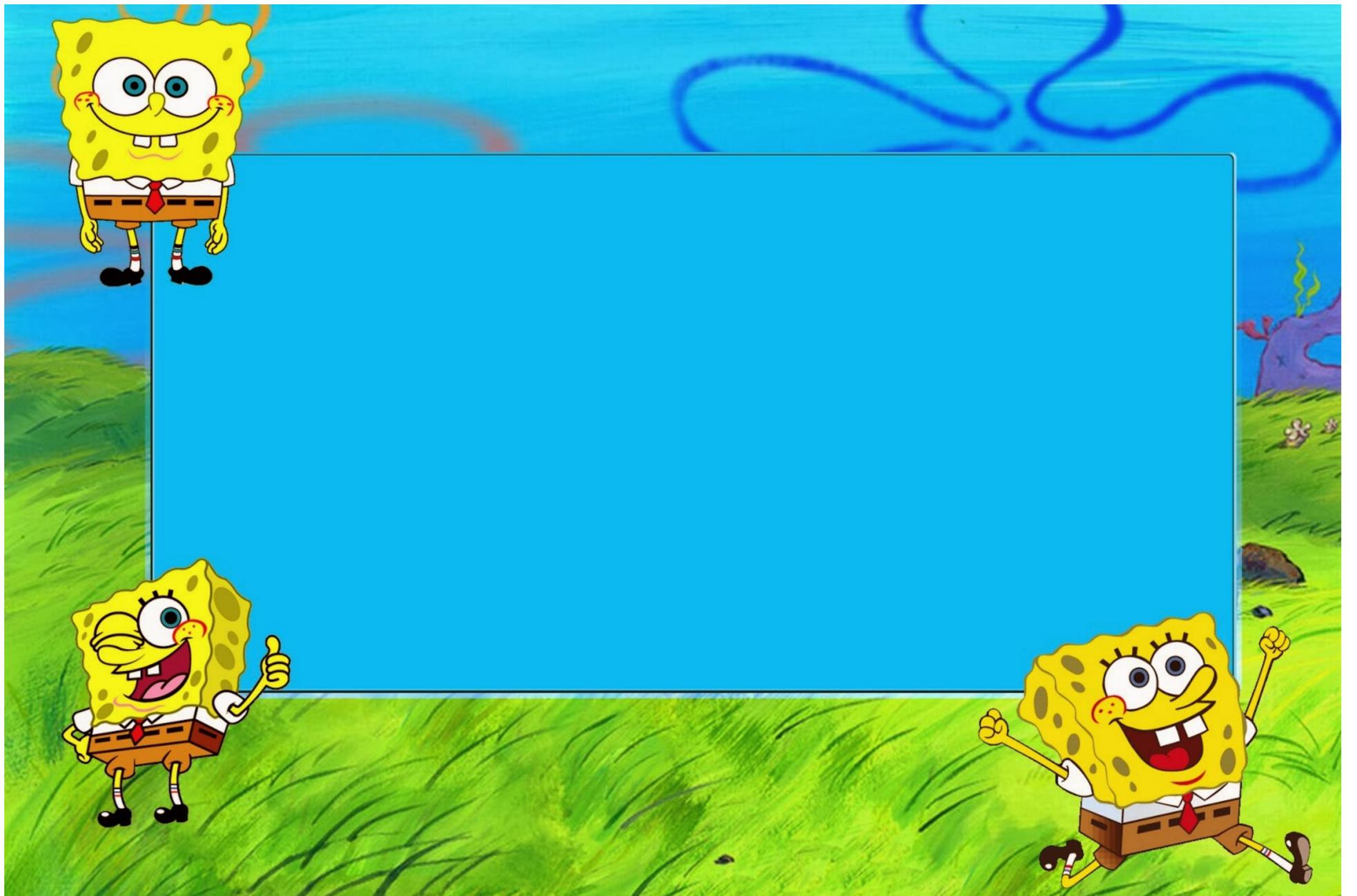












Community Walk/Run

Blow up balloons and tie your messages to them.

Go on a walk or a run around your community and deliver your balloons by tying them to fences or trees. Make sure you are still staying a hockey stick away from other people!

Where did you go? Draw your route below!

