



Spring 2020 SOGO@HOME Adventure

Week 7 - Info sheet for Parents

G is for Green

This page contains the lesson plans and goals for “Week 7: G is for Green” journal page. You will find the goals included in this page. If you have any questions please email us at squirts@sogoadventurerunning.com

This week is all about the colour green

We have included a story this week which you can find on YouTube – a story about little Wilma who wakes up one morning all green:

Read along with “Green Wilma” by Tedd Arnold
https://www.youtube.com/watch?v=D-Eh_ykswlk

Your outdoor activity this week involves a walk or run in your neighbourhood. With all the snow starting to melt in Calgary and around Alberta, there are lots of green plants and green grass that we can see on our walks or in gardens. Counting these on a walk/run works on math skills and colouring in the splashes on the second page works on fine motor control. Another fun idea is to use stamps to colour these in.

You could also plant some kitchen herbs and watch for the little green stalks to come up in a few weeks!