



Spring 2020 SOGO@HOME Adventure

Week 4 - Info sheet for Parents

D is for Dinosaurs

This page contains the lesson plans and goals for “Week 4: D is for Dinosaur” journal page. You will find the goals included in this page. If you have any questions please email us at squirts@sogoadventurerunning.com.

Dinosaur Fossils

These are salt dough fossils that are super easy and fun for kids to make! It will help their fine motor skills as well as work on their 123s by measuring ingredients. If you don't have the dinosaur skeletons that the recipe uses, you can press anything into the dough to make a pattern. Toy animals that leave behind footprints would be fun!

Yoga

This is a simple routine for kids to follow that helps them stretch before they go on their treasure hunt.

Treasure Hunt

Help your kid sketch out a map of your backyard, a local park or the inside of your house. Then hide the dinosaur fossils somewhere within that map and mark the locations with an X or a pink circle like we do at SOGO. Get them to try and find all the fossils! Ask them questions like: what is this circle/X beside? What will we see on our way there?