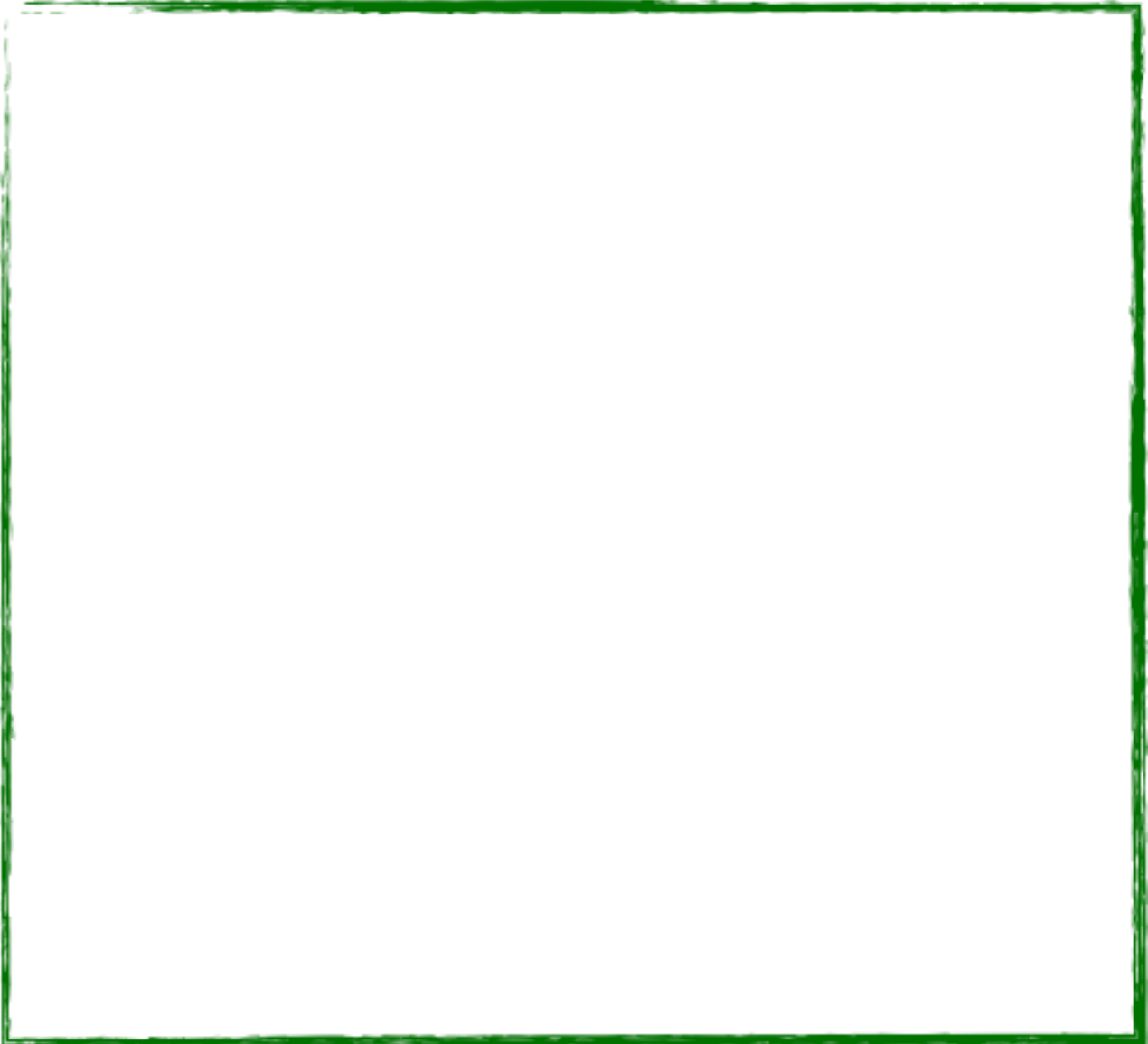


SOGO Squirts Week 19

S is for Squirts!

Draw or write about your favourite place to play. What are some of the things that make playing here the best?



Squirts Challenge

Use your body to make all the letters in the word SQUIRTS. You can lay on the floor or stand tall. Try making all upper case letters, then try making all lower case letters.

S Hunting!

Take a grown-up for a walk through your neighbourhood. Look for all the things you think start with the letter "S". You can keep a tally, take photos or you can write a list of the things you found. Remember not to touch the things you find, only use your eyes on your S hunt.

Snake Races

Lay on your belly with your arms stretched out in front of you. Slither your body forward. Once you have practiced moving like snake, set up a start line and a finish line. You can use a pillow, rolled up towel, skipping rope or anything you have in your space. Have everyone in your family lay on their bellies at the start line, you get to call "ready, steady, go".

Shakes Our Sillies Out!

Follow this link to sing and shake our sillies out with the Learning Stations!
https://youtu.be/NwT5oX_mqS0